

HMI Meeting Minutes

Saturday June 20, 2026 ~ 9:45AM ~ Hybrid

Call In 346-248-7799 Meeting ID: 846 8767 6856# Password: 2020

<https://www.zoom.us/j/84687676856?from=join#success>

Serenity Statement: I seek the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

Tradition 6. Kelly C; Concept 6. Beth M

Announcements – Sue H

Passing of Webmaster Deb Chase McDonald

Resignation of HMI Secretary – Nancy B

Attendee Introductions & IGR Meeting Successes

- Sue H – is serving as the HMI Intergroup Chair
- Marilyn M – Treasurer & Literature Chair; IG Rep for Thursday 6:30pm Up the Street Club meeting and alternate for both the Wednesday night and Friday morning Oasis Club meetings
- Pat K – IG Rep for Sunday 8:30am Oasis club meeting
- Jeanie R - HMI Historian
- Brenda P –IG Rep for 8:30 am Saturday meeting
- Beth M – R3 Rep, and IG Rep for First Friday Speaker meeting which is going well
- Patty D – IG Rep for Thursday Morning Literature meeting; varies in participation.
- Whitney – IG Rep for Bayland meeting; strong meeting
- Kelly C – IG Rep for Saturday 10:30 AM Big Book Meeting; virtual, attendance 15-20
- Debbie B– IG Alternate for Lord of Life in Person meeting; 3 regulars. Angelica is the IG Rep
- Kathy M – IG rep for the Friday 12 Noon – Big Book Thumpers in the woodlands. Strong meeting with 8 people. Also, the HMI IG Rep Chair.
- Lindsey W – HMI Vice Chair and HMI Website Liaison
- Michelle S – IG Rep for the rotating literature meeting Mondays with an average 9 attendees; Tuesday 6 am averaged 16, and 7 am Saturday A/B meetings average 25
- Amy K – IG Rep for the Friday 5:30 PM Bariatric Surgery - Just Another Tool meeting
- Donna S – IG Rep for Tuesday 3:30pm Santa Fe meeting.
- Annette S - Visitor

Approval of May 26 Meeting Minutes - Sue H asked for approval of the minutes as sent by email. Minutes were adopted.

Treasurer Report Highlights – Marilyn M

- **HMI balance:** ~\$4,500; prudent reserve is \$3,600.

- Net for the month: **negative \$500**; however, a \$500 7th Tradition check was just received (posts in June).
- Correction noted: \$913.03 previously misclassified as rent; actually, WSO expenses.
- Overall financial condition assessed as reasonably good with no major upcoming expenses.

Literature Update T– Marilyn M: The new Sponsorship in OA booklet is now available at the Oasis Club.

Other Committee Reports

IG Rep Chair – Kathy M – there have been minor updates; asks that everyone send in changes as needed.

Hopeline Update - Whitney – Got one call asking about meetings and believes that person is coming to meetings.

Special Events/Workshops (Central Time Zone) - Beth M/Sue H

- **Sunday, July 12** – Brenda's Writing Tools Workshop; **in-person only** at Oasis Club: 3-5:30pm central (see flyer)
- **Saturday, July 18** – Region 3 workshop, hybrid; can meet at Oasis Club, 1:00–2:30 PM central (no flyer yet).
- **Weekend of Aug 7-9, 2026** - OA 12-Step Retreat at Holy Name Retreat Center in Houston, sponsored by OA HOW Houston (see flyer)
- **Saturday, September 19** – Region 3 relapse prevention workshop (no flyer yet)
- Region 3 Vice Chair Judy R is offering a virtual **relapse prevention/sponsorship workshop**; any meeting/intergroup can sponsor. Dates are arranged with the R3 VC.

Current Business

- A) Year Theme: “Year of Resources”: Intergroup continues focusing on providing resources such as workshops and potential fall retreats.
- B) Website Audit (Lindsey) – reconciling HMI website meeting list with oa.org list is ongoing. Kelly C asked about letting newcomers know they are welcome at meetings not specifically tagged as Newcomer meetings.
- C) Discuss HMI Fall Retreat – Lindsey suggested holding a retreat in the fall and is asking for interested volunteers to assist. Kathy M, Brenda P, Kelly C expressed interest in getting the ball rolling.

New Business

- A) Discussion - Attracting Younger Members: Brenda P raised a concern about the lack of younger people in some meetings; that young people aren't finding us.

Sue encouraged brainstorming solutions, including:

- Possibly starting a Young People's OA meeting
- Outreach ideas to be revisited next month

B) The members discussed a \$500 memorial donation to World Service in Deb Chase McDonald's (HMI webmaster) honor.

C) The members discussed a succession strategy for the HMI website. A proposal submitted by Mary Higgins was briefly discussed (\$750 initial design + \$75/month maintenance) and it was decided to set up a meeting with Mary and members who were interested in attending before the July meeting. After that meeting, Sue reported that an emergency meeting may be called to discuss further and perhaps vote on the path forward.

Decisions/Approvals/Reminders/Announcements

- **Memorial donation approved:** \$500 to WSO in honor of Deb Chase McDonald, moved by Beth, seconded by Lindsey, passed by vote.
- **Preamble update reminder:** Meetings encouraged to change "compulsive overeater" to "compulsive eater" via group conscience, per World Service Business Conference.
- **OAHOW Fall Retreat** at Holy Name, August 7–9 — open to all OA members (not HOW-exclusive); includes single room, private bath, and HOW-compliant meals.
- **World Service Annual Appeal** video shared by the new Managing Director Rich Valdez; groups encouraged to increase WSO contribution percentage or take a second collection.
- **OA Superhighway (WhatsApp)** identified as primary channel for promoting events while the HMI website remains inactive.

INVITATION TO THE SUPERHIGHWAY - Join the OA Info Superhighway WhatsApp community for all things OA, housing WhatsApp groups for Events/Meetings, Sponsor/Sponsee Connection, OA News, Calls for Service, Ask It Basket, and Outreach: <https://chat.whatsapp.com/ImWyGp3V2btI8yyO6kBoVG>

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- **OA.org newcomer listing:** Kelly C to contact WSO to clarify how to add "newcomers welcome" language without reclassifying the meeting. Sue offered to send Kelly a WSO contact she has worked with in the past.
 - **NEW ADDITION:** Use this link to access the OA Region 3 Monthly Newsletter [IN THE KNOW – OA Region 3 Newsletter](#)
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Open Questions

- Whether to pursue a one-day vs. overnight format for the HMI fall retreat, given past attendance challenges at Camp Allen.
 - Texas State Convention planning: location (Corpus Christi vs. San Antonio under discussion), webmaster needs, and committee formation targeted for July.
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Action Items

- **Website passwords/logins:** Beth to contact Deb's husband to retrieve credentials; estimated 50/50 chance of recovery.
- **Deb's company capability:** Beth to assess whether Deb's data/security firm can support website needs going forward.
- **Mary Higgins Zoom call:** Sue and/or Beth to schedule before next meeting; confirmed attendees: Sue, Beth, Lindsey, Marilyn, Michelle,
- **[OA.org](#) newcomer listing:** Kelly C to contact WSO to clarify how to add "newcomers welcome" language without reclassifying the meeting. Beth M and Sue offered to send Kelly a WSO contact they have worked with in the past.
- **Lindsey:** Coordinate HMI fall retreat ideas (October, likely first half); possible volunteers: Kelly C, Kathy M, Brenda P
- **Sue:** Distribute a draft of the June 2026 HMI Meeting minutes and attach pertinent flyers.
- **All Reps:** Share workshop flyers and other pertinent information to their respective meetings; 2) continue to note website change requests (re meetings or anything else that might not be working currently on the website) to Lindsey W
- **Kelly C:** Use updated email kcowling@proton.me for all communications (prior address compromised).

Meeting closed with the OA Pledge and OA Promise.

Submission collaborated by:

Sue H and Beth M