

Houston Metro Intergroup

Meeting Minutes

Sat., April 18, 2026 ~ 9:45AM ~ Oasis Club and Virtual

Option 1 via phone: Dial: 346 248 7799 Meeting ID: 846 8767 6856# Password: 2020

Serenity Prayer – Sue H.

Tradition 4/ Concept 4 – Nancy B. / Beth M.

Attendee Introductions & IR Meeting Successes

- **Nancy B – HMI Secretary; World Service Delegate;** Region 3 Rep (2) HMI IG Alternate rep for Thursday Morning Rotating Literature Meeting, 10:30am
- **Sue H - Vice Chair** (acting as Chair as Pat K. resigned as of April) Sue can represent for Tuesday Newcomer Meeting if needed
- **Marilyn M – HMI Treasurer; Literature Chair;** IG Rep for Thursday 6:30 pm Topic/Discussion Meeting at Up the Street Club. Alternate Rep for Wednesday 7:00 pm Oasis Zoom, and Friday 10:00 am Hybrid Meeting at the Oasis Club.
- **Annette S** - visitor
- **Debbie B** - visitor - Treasurer Lord of Life in Woodlands, and here to check update on Friday Noon Woodlands Methodist room change on website..
- **Amy K** - Fri 5:30 pm Zoom only Bariatric Surgery Just Another Tool meeting
- **Michelle S - Rep** for Monday Rotating Literature 10:30 am, Tuesday A/B 6 am meeting, Saturday A/B 7 am meeting. (10/17/20 avg. attendance /meeting)
- **Lindsey W** - visitor, living in Bryan now and attending College Station Fri Noon Lit meeting. 6 core members and a newcomer. She will offer to rep that meeting.
- **Beth M** –1st Friday meeting **Rep**, (Bronwyn chair) **Region Rep**, and reported for the Sunday night 7 pm Speaker meeting (speakers are long timers with 20 or more years of abstinence. 558 people showed up for this month's meeting to see the Rozanne video and benefitted from the shares. Attributed fantastic attendance to the new OA Superhighway WhatsApp group. [Link below]; Beth is sending some Power of We logo'ed items with Nancy to WSBC for sale along with Region 3 Journals. Literature confirmed HMI has journals for sale as well.

Approval of March 2026 Minutes: Sue presented the minutes as sent out, and invited people to report any changes/errors. There were no objections; unanimous approval of the minutes.

Treasurer Report Highlights: Marilyn, with an assist from Sue, presented the HMI Income and Expenses through the end of March 2026. We received \$273.42 in 7th Tradition, \$108.40 in Literature receipts making March Income \$381.82. March Expenses were \$463.11, including annual Quicken \$84.31 and Post Office Box \$250 payments as well as \$128.80 in Literature Expenses. March had a net loss of \$81.29.

YTD Income \$1,547.78, YTD Expenses \$4,426.11, Ending Balance \$5,651.00. Marilyn asked people to turn in and/or advise upcoming expenses, estimating about \$1000 to go out for Reps/Delegate reimbursements, and still waiting for Oasis Club meeting money.

If you expect to see something from your meeting and you do not see it, please let Marilyn know. 2 meetings confirmed their information, with a reminder April deposits are not yet recorded on these reports.

Literature Report: We are fully stocked and all prices are going up at oa.org.

- **Parliamentarian / Bylaws Committee Chair** —Kathy M not present. Sue reported that the By-Laws passed the Trustee Liason's checklist for compliance with OA bylaws, and that they were then sent on to OA.org. They have a goal of 25% increase in attendance at Board meetings.
- **Historian** Jeanie R. is out of the country - Sue has exciting developments to announce on their behalf later during today's meeting.
- **WSBC Delegate** - Nancy B is looking forward to the experience as the first in person WSBC Apr 21-26. There are a variety of workshops and focus groups to attend as well as meetings with the Twelfth Step Within Committee and serving to vote on the By-Laws and Procedure changes that will be presented. All is aimed for serving OA as a whole and bringing back to the Intergroup for our nourishment.
- **PIPO- Barb M** - not in attendance
- **Literature** - Marilyn M – Fully stocked, including chips. Most pamphlets went up in price significantly while the books have stayed the same.
- **Hopeline** – Phone has moved from Mary G to Nancy B to Marilyn M. Sue H. has reached out to find a new “holder” of the phone & job. Marilyn is taking it temporarily so as she is doing Treasurer duties, it is helpful to have the Hopeline phone to verify identification online. Think about your sponsees or fellow members for serving by handling the few (IMPORTANT) calls we do get.
- **Special Events or Workshops** – Needs a chair. Beth M. had thoughts - as she's heard the habit of another Intergroup that has monthly workshops or events immediately after their IG Board meetings, which brings more people to both the meeting and the event. More from Sue under Goals for HMI in New Business.
- **By-Laws** - Sue presented, per the approval from the Region 3 Trustee Liaison who sent them to the WSO to keep a copy. Per the Trustee, “Service Body By-Laws are not in conflict with OA, Inc. By-Laws.” The updated By-Laws are now on the oahouston.org site as updated and that the Amendments document, amendments now incorporated in the By-Laws, have been removed from the site. Great news that the work of updated documentation has led to the creation of a free, up to 15 G, HMI Google Drive which we can use to store documents, minutes, Historical data etc., which will save us time and stress. More to come.

New Business

New Board Member: Pat K resigned her position as Chair, Vice Chair Sue is substituting as chair at this time. According to our ByLaws, when a vacancy occurs the voting members present shall elect by a majority of votes a successor to serve the unexpired term. That term is for the rest of the year. The only one who offered to serve as Chair was Sue who then asked for approval by vote. There was no discussion, all were in favor, and grateful for Sue

stepping up.

Leaving the Vice Chair position open, the members then accept the offer of Lindsey W who ran for Chair last year and is willing to step up and fill the role of Vice Chair. No one else wished to offer the same, and the vote then called for all voting members were in favor of Lindsey W as Vice Chair. All are grateful.

Intergroup Rep Brochure: An individual requested via the Reg. 3 Digital Communications Officer, Beth has found to share with another IG in Arizona, a pre-2020 brochure that HMI created explaining the purpose of an Intergroup. Same person, Dorothy from AZ, inquired if we could also allow them to see our meeting minutes. Sue will bring to our IG Rep Chair for input, and will return next month with an idea to boost our attendance and service as well. The Board invites any feedback and ideas to be sent to Sue in the meantime.

HMI Goals for 2026:

Google Drive - Thanks to Deb's creating the HMI Google drive. She has loaded the By-Laws, Sue is making sure the Board Members can get to the the Google Drive for use as well. Sue is asking Deb for suggestions on naming conventions for documents and will present next month the structure and process for using this. Beth reminded us of the TX State Convention Google Drive that has been so useful for communication and reference. They will be ensuring the safety/security of the drive before we all begin to use it.

Website Liaison - Lindsey agreed to continue being the Website Liaison. Sue will ensure Deb makes a dedicated email address for the Website Liaison that will be visible on the HMI website.

TX State Convention Funds: Marilyn reported that it was financially the most successful of the TX Conventions so far. Over \$14,000 net income. Region 3 received \$5800 Net of over \$8400 to share between the involved intergroups, based on Committee Chair positions; HMI receives \$1261. The Convention Planning committee aimed to keep \$10-12K in prudent reserve for the following convention (as an estimated cost to run a convention). That amount stands just over \$7000. Last year, HMI donated all our revenue to help with boosting that reserve.

After verifying reimbursements to come for delegates to Reg 3 and WSBC, Marilyn moved that the whole amount of \$1261 be donated to the TX Convention Fund to get closer to the goal of a prudent reserve. Beth seconded the motion - all in favor - all were.

HMI Website - If you see anything out of date on oahouston.org, or that is missing from the website, for the purpose of keeping it current and useful, please let Sue know so we can get Deb to update these things. Make sure we include - "This is Urgent" or "Let us know when it is done" to follow up. Speed will depend on Deb's schedule of course, but most corrections

and additions can be made fairly quickly.

OA Website Sue highlighted the much easier updated look and function of oa.org for finding any information and particularly, the updated “Find a Meeting” section which is simpler to use to select any number of different meetings and the Bookstore.

Goal for HMI - How can we reinvigorate our intergroup to share the message? Lighting a fire under the IG and get to what we’re all about. We talked about a Fall retreat or new ideas, like a monthly event, looking for thoughts or suggestions - In person, Zoom or Hybrid. Please look for ways to keep us connected locally - perhaps a Bowling Fellowship Event or whatever some brainstorming brings. Talk about it among all your OA groups and we’ll come up with some plans. What are we missing in our recovery?

Recap of Major Items for Intergroup Reps to take back to meetings:

oa.org Major Updates! take a look!!

Local HMI updates:

Thanks for Pat K and best to her as she needed to step down

Thanks to Sue H for her service as Chair for the remainder of 2026

Welcome and Thanks to new Vice Chair 2026 Lindsey W

We have a new Google drive: details to come - it will be a great tool for the Board and all our groups to use.

Literature, chips, R3 Journal (half-sheet size, extra planning pages), Texas Convention Journal (letter size), are all available through our Literature closet at the OAsis Club. Region3 Journal is also still available through the Region 3 website at

<https://www.oaregion3.org/wp-content/uploads/2025/11/R3-Journal-Fundraiser-Flyer-2025.pdf>

Rozanne Video will be played again at the Sunday night Speaker meeting August 2nd - will we see more than 500 again? First Sunday night for Speakers with 20 or more years of recovery in OA!

OA Information SuperHighway What’sApp group! Join the community for all things OA, housing WhatsApp groups for Events/Meetings, Sponsor/Sponsee Connection, OA News, Calls for Service, Ask It Basket, and Outreach:

<https://chat.whatsapp.com/ImWyGp3V2btI8yyO6kBoVG>

Payments, donations for Seventh Tradition – HMI Board and Meetings, use

Zelle at hmitreasurer@oahouston.org

Get the word out and brainstorm for some great ideas to “light a fire” under HMI and create some connecting opportunities and events to increase connection in our recovery and help those who still suffer!

OA Responsibility Pledge - Sue H

Close with OA Promise - Sue H

Next HMI Board Meeting: Sat., May 16, 2026 ~ 9:45AM ~

Oasis Club and Virtual, Zoom Meeting ID: 846 8767 6856# Password: 2020

Submitted by: Nancy B, Secretary

Date: Tues. April 21, 2026

Attached via email: 2 pages Treasurer’s reports