

- Did your new diet already fail?
- Did you already break your new New Year's Resolution to eat right, exercise, etc.?
- Are you sick and tired of being sick and tired?
- Would you like to learn more?



**We at OA have a solution for you
And it doesn't cost a dime**

Please join us on
Saturday, February 7th, 2009
2:00-4:00pm
At the Oasis Club
5645 Hillcroft, Suite 102

Hosted by
Houston Metro Intergroup of Overeaters Anonymous

You will hear from members of Overeaters Anonymous
who have enjoyed freedom from:

Food obsession & addiction
Obesity
Anorexia
Bulimia
Obsession with dieting

Learn more about the OA 12 step program
of recovery, ask questions, find
understanding, support, and help.

(Directions and map on reverse)

